

# 2025 WINTER BOOKLIST

List includes only resources that need to be purchased by students. Prices accurate as of 11/7/2024 (various sources), subject to change.

Blue highlighted books are available for purchase at the SWC Bookstore as supplies last.

Orange highlighted books are available online at no cost however hardcopies are also available for purchase in the SWC Bookstore as supplies last.

## MASTER'S PROGRAM CLASSES

### ADDICTION ASSESSMENT & TREATMENT IN COUNSELING (CN 565-3)

#### Required:

- \$128 Capuzzi, D., & Stauffer, M. (2019). *Foundations of addictions counseling*. Pearson. ISBN 9780135166932
- \$18 Maté, G. (2010). *In the realm of hungry ghosts: Close encounters with addiction*. North Atlantic Books. ISBN 9781556438806
- \$130 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763

### ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593)

#### Required:

- \$58 Hinz, L. (2020). *Expressive therapies continuum: A framework for using art in therapy* (2<sup>nd</sup> Edition). Taylor & Francis Group. ISBN 9780367280420
- \$65 Moon, C. H. (2010). *Materials and media in art therapy: Critical understandings of diverse artistic vocabularies*. Routledge-Taylor Francis Group. ISBN 9780415993135
- \$28 Schroder, D. (2005). *Little windows into art therapy: Small openings for beginning therapists*. Jessica Kingsley Publishers. ISBN 9781843107781

Varies Different sized paper, needle (multiple sizes) and thread, glue gun and sticks, recycled/salvaged materials, tape (masking, duct, or packing), scissors, drawing materials of your choice (colored pencils, oil pastels, etc.), painting materials of your choice, 2 rolls of plaster strips.

#### Recommended:

Varies Clay (Airdry/Sculpey/Model Magic/kinetic sand/self-harvested), shaving cream/food coloring/essential oils, found objects/natural materials, hammer and nails, fabric, wire/feathers/beads, Vaseline (for mask making), needle felting materials, collage material, glue.

### CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

#### Required:

- \$96 Swanson, J. & Fouad, N. (2019). *Career theory and practice: Learning through case studies* (4<sup>th</sup> Edition). Sage Publications, Inc. ISBN 9781544333663
- \$147 Scharf, R. (2021). *Applying career development theory to counseling* (6<sup>th</sup> Edition). Cengage. ISBN 9780357670705

### CONSCIOUSNESS I: CULTIVATING THE HEALING POWER OF PRESENCE (CN AT 530-3)

#### Required:

- \$10 Ruiz, D.M. (1997). *The four agreements*. Amber-Allen Publishing. ISBN 9781878424310
- \$56 Eisler, R. & Fry, D. (2019). *Nurturing our humanity: How domination and partnership shape our brains, lives, and future*. Oxford University Press. ISBN 9780190935726

**Students will select one of the following two texts as a group following the first class:**

- \$18 Brach, T. (2004). *Radical acceptance: Embracing your life with the heart of a buddha*. Bantam. ISBN 9780553380996
- \$13 Tolle, E. (2004). *The power of now: A guide to spiritual enlightenment*. New World Press. ISBN 9781577314806

**Students will select one of the following two texts as a group following the first class:**

- \$24 Grof, S. (2012). *Healing our deepest wounds: The holotropic paradigm shift*. Stream of Experience Productions. ISBN 9780982607725
- \$18 Somé, M. P. (1994). *Of water and the spirit: Ritual, magic, and initiation in the life of an African shaman*. Penguin Books. ISBN 9780140194968

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### FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4)

#### Required:

\$173 Neukrug & Hays, E., & Hays, D. G. (2023). *Counseling theory and practice* (3<sup>rd</sup> Edition). Cognella Academic Publishers. ISBN 9781793567697

### GROUP DYNAMICS (CN AT 543-2)

#### Required:

\$139 Corey, M., Corey, G. & Corey, S. (2018). *Groups: Process and practice* (10<sup>th</sup> Edition). Cengage. ISBN 9781305865709

Varies Paper, markers, colored pencils or markers, some type of clay (even Play-Doh), magazines, glue.

### INTEGRATED COUNSELING SKILLS (CN 674)

#### Required:

\$132 Ivey, A. E., Ivey, M. B., & Zalaquett, C. P. (2022). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (10<sup>th</sup> Edition). Cengage. ISBN 9780357622797

### PRACTICUM II & LAB: HELPING RELATIONSHIPS WITH GROUPS, COUPLES, & FAMILIES IN ART THERAPY/COUNSELING (AT/CN 657-2)

No required resources needed to purchase.

#### Recommended:

\$75 Malchiodi, C. (2012). *Handbook of art therapy* (2<sup>nd</sup> Edition). The Guilford Press. ISBN 9781609189754

\$42 Moon, B. L. (2016). *Art-based group therapy* (2<sup>nd</sup> Edition). Charles C. Thomas Publisher. ISBN 9780398091156

\$48 Robb, M.A. (2022). *Group art therapy: Practice and research*. Routledge. ISBN 9780367527778

### PRACTICUM II: HELPING RELATIONSHIPS WITH GROUPS, COUPLES, & FAMILIES IN COUNSELING (CN 657-4)

#### Required:

\$95 Chen, M., & Rybak, C. (2017). *Group Leadership Skills* (2<sup>nd</sup> Edition). Sage Publications, Inc. ISBN 9781506349305

\$99 Time2Track Subscription

### PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL ORIENTATION (AT/CN 698-7)

#### Required:

Varies Students are required to purchase their own art supplies for their el duende process, nothing specific.

### PSYCHOLOGY OF ALTRUISM: FUNDAMENTALS OF HELPING RELATIONSHIPS (CN AT 574)

#### Required:

\$16 Dass, R., & Gorman, P. (2003). *How can I help? Stories and reflections on service*. Alfred A. Knopf. ISBN 9780394729473

\$27 Larson, E. (1984). *Stage II recovery: Life beyond addiction*. HarperOne. ISBN 9780866834605

\$10 Ruiz, D. M. (1997). *The four agreements*. Amber-Allen Publishing. ISBN 9781878424310

#### Recommended:

\$17 Weinhold, B.K. & Weinhold, J.B. (1989). *Breaking free of the co-dependency trap*. Stillpoint. ISBN 9781577316145

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### PSYCHOPATHOLOGY: DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS (CN AT 581-5)

#### Required:

- \$130 American Psychiatric Association (2022). *DSM-5-TR: Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> Edition). American Psychiatric Association. ISBN 9780890425763
- \$110 Barnhill, J.W. (2023). *DSM-5-TR clinical cases*. American Psychiatric Association Publishing. ISBN 9781615373611
- \$11 Bernstein, R.B. & Jacobs, E. (2022). *DSM-5-TR overview: A quick study laminated reference guide*. QuickStudy Reference Guides. ISBN 9781423248934
- \$55 Wiger, D.E. (2021). *The psychotherapy documentation primer* (4<sup>th</sup> Edition). John Wiley & Sons. ISBN 9781119709848
- \$10 Please also make sure to have tabs for your DSM-5-TR for your first class.

### STUDIO ART (AT/CN 594)

#### Required:

- \$20 Dunnewold, J. (2016). *Creative strength training*. North Light Books. ISBN 9781440344954
- \$16 Stanton, P. (2018). *Conscious creativity*. Leaping Hare Press. ISBN 9781782406341
- Varies Art materials that are new to you, that you have been wanting to explore, multi-sized paper, painting supplies, drawing supplies, scissors, glue (sticks and/or hot), found objects/recycling, sculpting supplies.

### THEORIES OF ART THERAPY (AT/CN 545)

#### Required:

- \$46 Hogan, S. (2015). *Art therapy theories: A critical introduction*. Routledge. ISBN 9780415836340
- \$79 Rubin, J.A. (2016). *Approaches to art therapy: Theory & technique* (3<sup>rd</sup> Edition). Routledge. ISBN 9781138884564

### THEORY & PRACTICE OF FAMILY ART THERAPY/COUNSELING (AT/CN 663-2)

#### Required:

- Varies Nichols, M. & Davis, S. (2021). *Family Therapy: Concepts and Methods* (12<sup>th</sup> Edition). Pearson. (Only available as eBook or print text rental through various sources.)
- \$28 Schroder, D. (2015). *Exploring and developing the use of art-based genograms in family of origin therapy*. Charles C. Thomas. ISBN 9780398090715

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#### Required:

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### NEI CERTIFICATE PROGRAMS

#### TRAUMA THEORY, PROCESS, AND INTERVENTIONS (TGR 5400)

**Required:**

\$18 Van Der Kolk, Bessel (2014). *The body keeps the score*. Viking. ISBN 9780143127741

**Recommended:**

\$16 Banitt, Susan Pease (2012). *The trauma tool kit: Healing PTSD from the inside out*. Quest Books. ISBN 9780835608961

\$44 Kalsched, Donald (2013). *Trauma and the soul: A psycho-spiritual approach to human development and its interruption*. Routledge. ISBN 9780415681469

\$18 Levine, Peter A. & Frederick Ann (1997). *Waking the tiger, healing trauma: The innate capacity to transform overwhelming experiences*. North Atlantic Books. ISBN 9781556432330

\$18 Levine, Peter A. & Kline, Maggie (2007). *Trauma through a child's eyes: Awakening the ordinary miracle of healing*. North Atlantic Books. ISBN 9781556436307

\$15 Wolynn, Mark (2016). *It didn't start with you: How inherited family trauma shapes who we are and how to end the cycle*. Penguin Life. ISBN 9781101980385

#### ADDICTION AND THE DEVELOPING BRAIN: PREVENTION AND TREATMENT FOR ADOLESCENTS (AAR/CMH 5510)

**Required:**

\$16 Black, C. (2020). *It will never happen to me: Growing up with addiction as youngsters, adolescents, and adults*. Central Recovery Press. ISBN 9781949481402