



Welcome to Southwestern College

Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

SPRING 2025 QUARTER REGISTRATION INFORMATION

SCHEDULE FORMAT: If you are having trouble figuring out a class schedule that works for you, submit a request to studentsupport@swc.edu and a member of the Student Support Team will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

HOLIDAYS: SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled.

EARLY REGISTRATION INFORMATION: If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. If you determine that you must get into a specific section of 1 or more courses, please fill out the [Early Registration](#) Request. Do not assume there will be room in the section you need. Requests for Early Registration are due by 5pm, Friday 2/21/25 (no exceptions). Please have your supporting documentation ready to upload to the form. NOTE: Do not submit this form if you are designated as "on ground" and want to take an online section as these requests will not be granted. See designation policy in the College Catalog or the Registration folder in the Student & Career Services group on Populi.

REGISTRATION DATES: You will receive an email prior to registration with your individual registration time slot. **Tuesday, 3/11: Distance Students. Thursday, 3/13: On-Ground Students. Friday, 3/21: Interns.**

PROGRAM PLANNERS: If you are not able to take a course at **any time** that is offered due to any of the above reasons, please submit a [Program Planner Change Request](#) which will go directly to Michelle Lynn.

COSTS: Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop a class without receiving a "W" on transcript is 5pm on Monday* of the second week of the quarter (April 7th), with the exception of classes that start in the second week of the quarter. The drop deadline for classes starting in the second week of the quarter is by 5pm on the Monday* of the third week of the quarter (April 14th). Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered "Dropped" and removed from student's transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

*If Monday is a holiday, the deadline is Tuesday.

SPRING 2025 QUARTER SCHEDULE

NOTE: All class times are in Mountain Daylight Time (MDT).

APPLIED THEORIES OF HUMAN DEVELOPMENT (CN AT 522-2)

\$2817/4.5 quarter units

Section 1: Laura Rademacher, MA, LMFT, CST, CST-S
Mondays, 3/31-6/2, 9am-12pm; Zoom Synchronous plus Asynchronous
Section 2: Carlos Gonzalez, PhD, Licensed Psychologist
Tuesdays, 4/1-6/3, 9am-12pm; Zoom Synchronous plus Asynchronous
Section 3: Naja Druva, MS, LPCC
Tuesdays, 4/1-6/3, 9am-12pm; **SWC Campus plus Asynchronous**
Section 4: Carlos Gonzalez, PhD, Licensed Psychologist
Wednesdays, 4/2-6/4, 9am-12pm; Zoom Synchronous plus Asynchronous

ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-6L.2)

\$2817/4.5 quarter units

Prerequisite: Completion of all coursework.
Seren Morris, MDiv, MA, ATR-BC, LPCC
3/31-6/8; Asynchronous

(ART THERAPY) PRACTICUM I & LAB: Helping Relationships w/ Individuals in AT/CN (AT/CN 656-2)

\$2504/4 quarter units

Prerequisite: Completion of ePortfolio; Completion of all CN AT and AT/CN classes except those approved for corequisites.

Mandatory Practicum Orientation Saturday, March 29, 10am-12pm via Zoom

Section 1: Alyssa Butler, MA, ATR-BC, LPCC (Please also register for lab #1 or #2 that goes with this class.)

Class: Mondays, 3/31-6/2, 1-4pm; Zoom Synchronous
Lab 1: Wednesdays, 4/2-6/4, 9-11am; Zoom Synchronous
Lab 2: Wednesdays, 4/2-6/4, 5:30-7:30pm; Zoom Synchronous

Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC (Please also register for lab #3 or #4 that goes with this class.)

Class: Tuesdays, 4/1-6/3, 12:30-3:30pm; **SWC Campus**
Lab 3: Wednesdays, 4/2-6/4, 12:30-2:30pm; **SWC Campus**
Lab 4: Thursdays, 4/3-6/5, 11:45am-1:45pm; **SWC Campus**

Section 3: Alyssa Butler, MA, ATR-BC, LPCC (Please also register for lab #5 or #6 that goes with this class.)

Class: Wednesdays, 4/2-6/4, 12-3pm; Zoom Synchronous
Lab 5: Thursdays, 4/3-6/5, 1-3pm; Zoom Synchronous
Lab 6: Fridays, 4/4-6/6, 10am-12pm; Zoom Synchronous

ARTS-BASED RESEARCH (ATCP 598)

\$626/1 quarter Unit

Micaela Wood, MA, ATR-BC, LPCC
Tuesdays, 4/8, 4/22, 5/6, 5/20, 6/3, (weeks 2, 4, 6, 8, 10), 1-2pm; Zoom Synchronous plus Asynchronous

ASSESSMENT & APPRAISAL IN ART THERAPY/COUNSELING (AT/CN 664-3)

\$2817/4.5 quarter units

Prerequisite: CN AT 581-5 Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders

Section 1: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Wednesdays, 4/2-6/4, 4:30-7:30pm; Zoom Synchronous plus Asynchronous

Section 2: Alyssa Butler, MA, ATR-BC, LPCC
Thursdays, 4/3-6/5, 9am-12pm; **SWC Campus plus Asynchronous**

Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Fridays, 4/4-6/6, 1-4pm; Zoom Synchronous plus Asynchronous

CAREER AND LIFE DEVELOPMENT (CN AT 625-2)

\$2817/4.5 quarter units

Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling

Section 1: Beth Bryce, MS, CMCS
Mondays, 3/31-6/2, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 2: Beth Bryce, MS, CMCS
Wednesdays, 4/2-6/4, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Beth Bryce, MS, CMCS
Wednesdays, 4/2-6/4, 1-4pm; Zoom Synchronous plus Asynchronous

Section 4: Amy Lueck, MA, LMHC
Fridays, 4/4-6/6, 1-4pm; **SWC Campus plus Asynchronous**

COMPREHENSIVE SCHOOL COUNSELING PROGRAM DEVELOPMENT AND EVALUATION (SCN 600) Zahira Miller, MA, LPCC 3/31-6/8; Asynchronous	\$2817/4.5 quarter units
CONSCIOUSNESS II: Cultivating the Healing Presence of Love (CN AT 531-3) <i>Prerequisite CN AT 530-3, Consciousness I: Cultivating the Healing Power of Presence</i> Section 1: Susanne Stockman, PhD, LPCC Tuesdays, 4/1-6/3, 2-5pm; Saturday, 4/19, 10am-2pm; Sunday, 5/25, 10am-6pm; Zoom Synchronous Section 2: Kate Latimer, MA, LPCC Tuesdays, 4/1-6/3, 2-5pm; Sunday, 4/27, 2-6pm; Sunday, 5/25, 10:30am-6:30pm; Zoom Synchronous Section 3: Katherine Ninos, MA, LPCC Tuesdays, 4/1-6/3, 2-5pm; Saturday, 4/19, 9am-2pm; Saturday, 5/24, 9am-5pm; SWC Campus Section 4: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME Wednesdays, 4/2-6/4, 8-11am; Friday, 4/18, 8am-12pm; Friday, 5/16, 8am-4pm; Zoom Synchronous Section 5: Richard Pelfrey, MS, LADAC, NCAC Wednesdays, 4/2-6/4, 9am-12pm; Sunday, 4/27, 2-6pm; Sunday, 5/25, 9am-5pm; Zoom Synchronous Section 6: Carolina Grace Lorenzo, MA, LMHC Wednesdays, 4/2-6/4, 10am-1pm; Saturday, 4/26, 10am-2pm; Saturday 5/24, 9am-5pm; Zoom Synchronous Section 7: April Vogel, PhD, Licensed Psychologist Thursdays, 4/3-6/5, 9am-12pm; Saturday, 4/19, 9am-1pm, Saturday, 5/24, 9am-5pm; Zoom Synchronous Section 8: Scott Van Note, MA, LMHC Thursdays, 4/3-6/5, 2-5pm; Saturday, 4/19, 9am-2pm; Saturday 5/24, 9am-5pm; SWC Campus Section 9: Awbrey Willet, MA, LPCC Thursdays, 4/3-6/5, 2-5pm; Saturday, 4/19, 9am-2pm; Sunday, 5/25, 9am-5pm; SWC Campus	\$2504/4 quarter units
COUNSELING INTERNSHIP I (CN 698-8L.2) <i>Prerequisite: Completion of all classes except electives and corequisites.</i> V. Torres McGovern, MA, LPCC 3/31-6/8; Asynchronous	\$2817/4.5 quarter units
(COUNSELING) PRACTICUM I: Helping Relationships w/ Individuals in CN (CN 656-4) <i>Prerequisite: Completion of ePortfolio Part I; Completion of all CN AT classes except those approved for corequisites</i> Mandatory Practicum Orientation Saturday, March 29, 10am-12pm via Zoom Section 1: V. Torres McGovern, MA, LPCC Mondays, 3/31-6/2, 11am-2pm; Zoom Synchronous Section 2: V. Torres McGovern, MA, LPCC Thursdays, 4/3-6/5, 9:30am-12:30pm; Zoom Synchronous	\$2504/4 quarter units
HERMENEUTICS OF SELF: Transformation and Healing Through Imaginal Ways of Knowing (CN AT 523-4) <i>Prerequisites: CN AT 574, Psychology of Altruism: Fundamentals of Helping Relationships; CN AT 522-2, Applied Theories of Human Development; CN AT 530-3 Consciousness I: Cultivating the Healing power of Presence; and CN AT 531-3, Consciousness II: Cultivating the Healing Presence of Love</i> Section 1: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME Tuesdays, 4/1-6/3, 8am-12pm; Zoom Synchronous Section 2: Kate Latimer, MA, LPCC Thursdays, 4/3-6/5, 9am-1pm; SWC Campus	\$2504/4 quarter units
HISTORY OF ART THERAPY: Founders and Foundations (AT/CN 530) Section 1: Cheryl Okubo, MA, ATR-BC Tuesdays, 4/1-6/3, 1-3pm; Zoom Synchronous Section 2: Sarah Jackson, MA, ATR-BC, CAADC, LPC Wednesdays, 4/2-6/4, 2-4pm; Zoom Synchronous	\$1252/2 quarter units

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MULTICULTURAL PERSPECTIVES IN ART THERAPY/COUNSELING w/ DIVERSE POPULATIONS (AT/CN 597-2)	\$1878/3 quarter units
<i>Prerequisite: Multicultural Awareness (CN AT 500-3)</i>	
Section 1: Micaela Wood, MA, ATR-BC, LPCC Wednesdays, 4/2-6/4, 12-3pm; Zoom Synchronous	
Section 2: Alisha Shelbourn, MA, LPAT, LPCC Wednesdays, 4/2-6/4, 1-4pm; SWC Campus	
Section 3: Angela Kehm, MA, ATR-BC, LPC Thursdays, 4/3-6/5, 9am-12pm; Zoom Synchronous	
Section 4: Micaela Wood, MA, ATR-BC, LPCC Thursdays, 4/3-6/5, 12-3pm; Zoom Synchronous	
MULTICULTURAL PERSPECTIVES IN COUNSELING w/ DIVERSE POPULATIONS (CN 577-4)	\$1878/3 quarter units
<i>Prerequisite: CN AT 500-3, Multicultural Awareness</i>	
Section 1: Naja Druva, MS, LPCC Mondays, 3/31-6/2, 9am-12pm; SWC Campus	
Section 2: Crystal Rozelle-Bennett, MSW, LMSW Mondays, 3/31-6/2, 3:30-6:30pm; Zoom Synchronous	
Section 3: Crystal Rozelle-Bennett, MSW, LMSW Tuesdays, 4/1-6/3, 3:30-6:30pm; Zoom Synchronous	
Section 4: Naja Druva, MS, LPCC Wednesdays, 4/2-6/4, 1-4pm; SWC Campus	
PROFESSIONAL SEMINAR IN AT/CN: Professional Identity Development (AT/CN 698-6)	\$1252/2 quarter units
Section 1: Roxie Ehlert, MA, ATR-BC, LCPC Thursdays, 4/3-6/5, 9:30-11:30am; Zoom Synchronous	
Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC Thursdays, 4/3-6/5, 3-5pm; Zoom Synchronous	
Section 3: Seren Morris, MDiv, MA, ATR-BC, LPCC Fridays, 4/4-6/6, 9-11am; SWC Campus	
PROFESSIONAL SEMINAR IN COUNSELING I: Counselor Identity Development (CN 698-8)	\$1252/2 quarter units
V. Torres McGovern, MA, LPCC Fridays, 4/4-6/6, 10am-12pm; Zoom Synchronous	
PSYCHOLOGY OF ALTRUISM II: The Call to Serve (CINA 575)	\$1878/3 quarter units
<i>Prerequisite: CN AT 574 Psychology of Altruism: Fundamentals of Helping Relationships</i>	
Marna Hauk, PhD Tuesdays, 4/1, 4/8, 4/22, 5/6, 5/20, 6/3, (weeks 1, 2, 4, 6, 8, 10) 5-7pm; Zoom Synchronous plus Asynchronous	
PSYCHOPATHOLOGY: PSYCHOPHARMACOLOGY (CN AT 581-4)	\$313/0.5 quarter units
Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP; Allison Davis, MS, LPCC, PhD 3/31-6/8; Asynchronous	
RESEARCH METHODS AND PROGRAM EVALUATION (CN AT 598-6)	\$2817/4.5 quarter units
Section 1: Shane Morr, MA, LMFT, CAADC, TF-CBT Mondays, 3/31-6/2, 9am-12pm; Zoom Synchronous plus Asynchronous	
Section 2: Randal Lea, MA, LADAC Tuesdays, 4/1-6/3, 4-7pm; Zoom Synchronous plus Asynchronous	
Section 3: Johanna Mitchell, MS, LPCC, LPC-SA, NCC Wednesdays, 4/2-6/4, 8-11am; Zoom Synchronous plus Asynchronous	
Section 4: Amy Lueck, MA, LMHC Fridays, 4/4-6/6 9am-12pm; SWC Campus plus Asynchronous	
TRAUMA 1: INTRODUCTION TO TRAUMA AND CRISIS COUNSELING (TCC 500)	\$1878/3 quarter units
<i>(waived for only Spring 2025) Prerequisites: CN AT 542-4 Foundations: History and Theories of Counseling; CN AT 581-5 Psychopathology: Diagnosis and Treatment of Mental and Emotional Disorders</i>	
Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP, RYT 200 Mondays, 3/31-6/2, 8-11am; Zoom Synchronous	

NEI CERTIFICATE PROGRAMS & CONTINUING EDUCATION

NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See “NEI Course Registration Info” in the Student and Career Services Group in the File called “Electives/NEI Courses—info on how to register for them.”
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar’s Office collegeregistrar@swc.edu to process your cancellation.
- Registration for all NEI classes closes at noon the day before the class starts.

ECOTHERAPY (TE) CERTIFICATE

RHYTHMS, CYCLES AND ELEMENTS OF HEALING WITH NATURE: FINDING OUR WAY (TE 5450)

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

Saturday & Sunday, 4/5 & 4/6, 9am–6:30pm; Zoom Synchronous

We all have the capacity to find our way with our own rhythms, cycles, and connection to nature to heal. In this course we will explore nature-based teachings and practices to connect to the rhythms, cycles, and elements of nature to heal our inner landscape and experience ways to live in a more deeply interconnected way with life. Most people are disconnected from themselves and from the health they can experience when living in balance and harmony with life. We will cultivate learning to listen to nature’s rhythms and the movements of life, develop ways to integrate the cycles of the seasons into life, and explore deepening our relationship to the elements to support health physically, mentally, emotionally, and spiritually. During this course there will be an opportunity to deepen your personal relationship with nature’s healing and integrate your own unique wisdom of connection with nature (i.e., gardening, ecotherapy art, animal supported therapy, plant medicines) to expand its healing potential into your ecotherapy practice to share with your clients.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

THE ART OF HEALING GRIEF AND TRAUMA (TGR 5300)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 4/12 & 4/13, 9am–6pm; Zoom Synchronous

This course will focus on the transformational process involved in working with people experiencing grief. Students will learn to differentiate between trauma and grief and how the brain responds to each differently. Through readings, experiential exercises, understanding of cultural competencies, guided imagery, ritual, ceremony, and mindfulness activities, participants will receive resources to be able to assess situations and provide support to individuals, families, groups, and communities experiencing loss, grief, and trauma.



Rev. Ted Wiard, EdD, LPCC, CGC, is the Director of the Trauma, Grief, and Renewal Certificate. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the co-author of *Witnessing Ted: The Journey to Potential through Grief and Loss* as well and continues to write professional articles pertaining to emotional healing. Dr. Wiard also maintains a private practice.

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PSYCHEDELIC STUDIES (PS) CERTIFICATE

THE PSYCHEDELIC EXPERIENCE: TRANSCENDENT PERSONAL GROWTH AND TRANSFORMATION (PS 5200)

Saturday & Sunday, 4/26 & 4/27, 9am–6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter
units/credit

This course will explore the mystical and transcendent experiences common in psychedelic-assisted therapy interventions. Indigenous traditions and their influence on current therapeutic usage of psychedelic compounds will be explored. The phenomenology of the transformation process from clinical and ethical standpoints, and the qualities, stages, and variables that define the psychedelic-assisted therapy experience will be discussed. Students will have the opportunity to participate and/or see experiential exercises that simulate these phenomena. Students will analyze how best to take advantage of adaptive neuroplasticity activated to integrate changed perspectives and behaviors. Students will assess how the variables of facilitator or therapist approaches, group or individual usage, location, music, and many other aspects in the set and setting affect the psychedelic experience of the participant.



Amy Wong Hope, MSW, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is a certified Psilocybin Facilitator (InnerTrek, 2024) and MDMA-assisted therapist through the (MAPS, 2018) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (published Feb 2024, Chronicle Books). Amy maintains a private practice with a focus on psychedelic preparation and integration, trauma-informed modalities, and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

CHILDREN’S MENTAL HEALTH (CMH) CERTIFICATE

INTEGRATIVE, HOLISTIC DEVELOPMENT OF CHILDREN’S MENTAL HEALTH FOR CHILDREN FROM DIVERSE CULTURES (CMH 5016-2)

Thursday, 5/1, 5:30-8:30pm; Friday, 5/2, 3-8pm; Saturday 5/3, 9am-6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course explores effective interventions and counseling approaches for mental health issues affecting children, adolescents, and families. It will integrate holistic perspectives from the field of mental health, human development, family systems, neuroscience, and holistic health. Unique social and cultural contexts found in New Mexico will be highlighted. A combination of didactic and experiential modalities will be used, as well as the introduction of applicable tools and approaches for best practices in working with children. Sections on mindfulness, emotional self-regulation techniques, play, and creative movement will be featured. This course is geared toward counselors, therapists, social workers, psychologists, school counselors, early interventionists, and others working with children and teens in related practices.



Naja Druva MS, LPCC is a licensed therapist who has spent her career working with New Mexico children and their families. With 10 years of experience her specialty is addressing childhood trauma within family systems. Naja’s training includes Dialectical Behavioral Therapy (DBT), Trauma Focused Conative Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), and Trauma Resource Management (TRM). After the events of May 2020, Naja felt moved to participate in the civil rights movement by parlaying her experience and training to address the trauma inflicted on families of color by inequitable, unjust, and violent systems within society. By applying a trauma informed lens to her work, Naja hopes to educate those working within systems about how to care for themselves and others while making positive change in society at large.”

HUMAN SEXUALITY (HS) CERTIFICATE

SEXUAL INHERITANCE: RECOGNIZING ANCESTRAL, FAMILIAL, AND CULTURAL MESSAGES (HS 5650)

Saturday & Sunday, 5/10 & 5/11, 9am–6:30pm; Zoom Synchronous

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course will explore the idea of sexual inheritance, or more specifically, the messages about sexuality implicitly and explicitly received from our families, the people who raised us, cultural beliefs/practices, religious beliefs/practices, as well as epigenetic inheritances of the experiences of our ancestors. Students will learn to identify elements of sexual inheritance, including bias and unconscious narratives that can create barriers for relating with diverse clients, and examine how these inheritances may shape us as people and professionals. We will practice skills to help clients explore their sexual inheritance as well as how to implement interventions to begin a process of change for the parts of their sexual inheritance they want to transform and heal in order to facilitate authentic intimacy with self and other and participate more consciously in their sexual lives.



Laura Rademacher, MA, LMFT, CST, CST-S, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *“The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators.”*

ADDICTIONS, ABUSE, AND RECOVERY (AAR) CERTIFICATE

ADDRESSING THE ELEPHANT IN THE ROOM: CULTIVATING RECOVERY WITHIN THE FAMILY SYSTEM (AAR 5550) Saturday & Sunday, 5/17 & 5/18, 9am–6pm; In person at Southwestern College

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This course considers the development of Substance Use Disorder within the context of the family system. Within family systems, implicit messages often serve to maintain homeostasis and avoid the “elephant in the room,” perpetuating addiction and substance use. This kind of denial contributes to lack of attunement and attachment rupture, diminishing relational safety, and creating an environment where the rule of, “Don’t talk, don’t trust, don’t feel,” predominates. This course examines addiction, intergenerational and epigenetic patterns of behavior, and survival mechanisms that shape family systems. We explore how substance misuse and addiction, as well as unconscious patterns of behavior and communication, affect and inform the dynamics of the family system. Utilizing this foundation, participants conceptualize treatment planning and the overall recovery process through a systems lens, from onset to maintenance. Conversely, we examine how the recovery process itself may impact the family system as a whole. Strategies for individual and family therapy are discussed and practiced, covering diverse, culturally sustaining modalities and approaches that wholeheartedly and compassionately address the “elephant in the room.”



Richard Pelfrey, MS, LMHC, LADAC, NCAC, has been holding space for the resolution and reintegration of trauma and addictions of all forms for the past 12 years. While becoming licensed as an addictions counselor, Richard heard the call to expand his work with people beyond traditional models and began exploring alternative methods for the resolution of trauma. Richard is trained and certified in Trauma Sensitive Yoga, Wim Hoff method, and Brainspotting, meditation leadership and grief counseling, and incorporates all of these modalities as well as a decade of apprenticeship in the Toltec wisdom path and traditional earth-based ceremony in his focused work with individuals and groups for the purpose of healing and finding our highest joy and artistry in life.

APPLIED INTERPERSONAL NEUROBIOLOGY (AIN) CERTIFICATE

HONORING THE VOICES WITHIN: UNDERSTANDING, DIFFERENTIATING, AND INTEGRATING OUR INTERNAL PARTS THROUGH EXPERIENTIAL PROCESSES (AIN 5360) Saturday & Sunday, 6/7 & 6/8, 9am–5:30pm; **SWC Campus with working lunch**

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

This experiential course begins with the basic premise of Internal Family Systems, that humans are comprised of different psychological, emotional, and somatic parts. Elements of Applied Interpersonal Neurobiology can be utilized to explore and understand these various parts to inform both differentiation and integration. When considered through a parts perspective, the more we define and get to know our internal aspects and connect with them through compassion, presence, and curiosity we are able to cultivate coherence of the Self. Through various experiential processes, we can get to know our own inner parts through modalities that include action methods, mindfulness, psychodrama, and artwork, held within the container of Applied Interpersonal Neurobiology. By externalizing parts to better get to know them, we begin to attune with them with warmth and non-judgment and start welcoming them into our inner constellation in a more integrated way. Students practice meeting different internal aspects with presence and empathic attunement, to allow parts to reveal themselves in a new light, let go of burdens, and re-integrate into the inner orchestra of the Self with a preferred role and renewed access to their gifts, talents, and abilities. This process can profoundly transform our relationship to self and other. The skills learned in this course can be applied both personally and professionally and utilized with a variety of settings and populations. No prior experience in parts work or action methods required.



Diana Zumas, MA, LPC, LPCC, is the Director of the Applied Interpersonal Neurobiology Certificate Program. Diana has 17 years of psychodrama, sociometry, and group psychotherapy training. She has a psychotherapy private practice in Santa Fe, NM.

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NEW EARTH INSTITUTE COMMUNITY LECTURES

Free and Open to the Public or \$20 for 2 CEs

Register and/or pay for CEs online at <https://newearth.regfox.com/community-lecture>

Questions: lecture@swc.edu

WORKING WITH EROTIC FEELINGS IN PSYCHEDELIC-ASSISTED THERAPY: A PSYCHODYNAMIC FRAMEWORK FOR ETHICAL PRACTICE

Presented by Pat Song, PhD

Tuesday, April 1, 6-8pm; via Zoom

Sexual boundary violations by therapists and sitters are a recurring and serious problem in psychedelic-assisted therapy. Psychedelics induce a profoundly vulnerable state in participants. The psychedelic setting can also amplify feelings and experiences of practitioners sitting with these participants; some sitters report surprising, disorienting erotic feelings and energy. At the same time, participants' erotic feelings contain valuable clinical information about nonsexual needs, feelings, and experiences of the patient. Learning to manage erotic transference and countertransference is thus an essential task for every psychedelic practitioner. This workshop will begin to prepare practitioners for these experiences by providing a psychodynamic understanding of these and other feeling states in order to use this information safely and therapeutically. Dr. Song will present a framework for identifying and working with erotic transference/countertransference as well as other intense feeling states (e.g., love and hate) in psychedelic-assisted therapy. Participants will learn to develop clinical formulations that are developmental, intrapsychic, and relational. Red flag behaviors and attitudes in self and others will be described as well as strategies for reducing risk of committing boundary violations. Case material from ongoing interviews with psychedelic therapists and participants will be presented.

Pat Song, PhD, is a clinical psychologist with a PhD from the University of Massachusetts-Boston and an M.Ed. in counseling psychology from the Harvard Graduate School of Education. She has over 25 years of professional experience in a range of settings including a Harvard cocaine addiction treatment research project and clinical training at a Harvard Medical School public health teaching hospital. Other professional experience has been with the Massachusetts Department of Public Health AIDS Bureau and four college/military school counseling centers. Dr. Song is an active member of the Asian Psychedelic Collective and a graduate of the Center for Psychedelic Therapy and Research certificate training program at the California Institute of Integral Studies (CIIS) and the PRATI and Fluence KAP certificate programs. She has a private psychotherapy practice in Montpelier, Vermont, and conducts workshops on psychedelic assisted therapy around the US.



TELLING THE TALE OF ADDICTION: ACHIEVING CO-REGULATION THROUGH RITUAL STORYTELLING

Presented by Richard Pelfrey, MS, LMHC, LADAC, NCAC and Jonas Emerson-Bell, MA, LMHC

Tuesday, April 15, 6-8pm; via Zoom

Since the invention of the spoken word, humans have gathered together to tell stories, share experiences, and create meaning from the signs and symbols in their world. This ancient ritual is a form of co-regulation, as well as a way of understanding one's individual experience through archetypal forces held within traditional stories and the larger context of community, society, and the world. Myths, fairy tales, and personal narratives can help people navigate times of change and create order out of chaos. This lecture will explore how we as clinicians can reintroduce this practice as a pathway to the co-creation of transformational change within our clients and illustrate the power of storytelling as a pathway to coherence and meaning making following difficult life events. Examples will be shared to help conceptualize the psychological journey from addiction to recovery and the healing insights encountered along the way. We will discuss how the symbols and themes found in stories can help us as clinicians to honor the internal wisdom of our clients and deepen our compassion for people who are navigating substance use disorders.

Richard Pelfrey, MS, LMHC, LADAC, NCAC, has been holding space for the resolution and reintegration of trauma and addictions of all forms for the past 12 years. While becoming licensed as an addictions counselor, Richard heard the call to expand his work with people beyond traditional models and began exploring alternative methods for the resolution of trauma. Richard is trained and certified in Trauma Sensitive Yoga, Wim Hoff method, and Brainspotting, meditation leadership and grief counseling, and incorporates all of these modalities as well as a decade of apprenticeship in the Toltec wisdom path and traditional earth-based ceremony in his focused work with individuals and groups for the purpose of healing and finding our highest joy and artistry in life.



Jonah Emerson-Bell, MA, LMHC, is a Tarot Reader, Astrologer, and Licensed Mental Health Counselor with a background in Hypnosis and Integration Coaching. He holds a Master's in Mental Health Counseling from Southwestern College in Santa Fe, New Mexico. His work uses the archetypal language of symbol to help make the unconscious conscious and incorporates myth, magick, and creativity as ways to support clients in creating meaningful change. Jonah has appeared on various podcasts, taught classes, and given talks on astrology, mythology, and psychology. He produces a weekly Astrology forecast called This Week in Space!!! that can be found on YouTube and Instagram.

