



Welcome to Southwestern College

Ph. 877-471-5756 or 505-471-5756

The mission of Southwestern College is Transforming Consciousness through Education. This schedule lists classes for degree-seeking students in Counseling, Art Therapy/Counseling, Consciousness in Action, and Art Therapy for Clinical Professionals. Degree-seeking students choose their electives from the New Earth Institute (NEI) classes.

WINTER 2025 QUARTER REGISTRATION INFORMATION

SCHEDULE FORMAT: If you are having trouble figuring out a class schedule that works for you, submit a request to studentsupport@swc.edu and Anné will set up a 15-minute meeting with you. Please come prepared to the meeting with specific questions and/or ideas/strategies in mind.

HOLIDAYS: SWC operates on a 10-week quarter system. Courses that fall on holidays meet as scheduled.

EARLY REGISTRATION INFORMATION: If you have a schedule conflict between certain courses that are offered on the same day and time, or your employment, childcare, travel, health, or something else, please check for an alternate day/time for one of those courses. If you determine that you must get into a specific section of 1 or more courses, please fill out the [Early Registration](#) Request. Do not assume there will be room in the section you need. Requests for Early Registration are due by 5pm, Friday 11/15/24 (no exceptions). Please have your supporting documentation ready to upload to the form. NOTE: Do not submit this form if you are designated as “on ground” and want to take an online section as these requests will not be granted. See designation policy in the College Catalog or the Registration folder in the Student & Career Services group on Populi.

REGISTRATION DATES: You will receive an email prior to registration with your individual registration time slot. **Monday 12/2: New Distance Students, Tuesday, 12/3: Distance Students. Thursday, 12/5: On-Ground Students. Friday, 12/6: Interns.**

PROGRAM PLANNERS: If you are not able to take a course at **any time** that is offered due to any reasons, please submit a [Program Planner Change Request](#) which will go directly to Michelle Lynn.

COSTS: Tuition per quarter unit is \$626. There is an educational resource fee of \$300 per quarter of attendance.

BOOK LIST: [Click here](#) for the Winter Quarter Book List.

NOTES: ZOOM SYNCHRONOUS courses meet at a scheduled time via Zoom. Most of the interaction occurs through Zoom during scheduled class meetings and assignments are submitted through Populi. ASYNCHRONOUS courses do not meet at a scheduled time. All coursework is completed in Populi, and interactions occur through the discussion board and other interactive learning activities. Assignments and learning activities are due per the course schedule and deadlines in Populi. ZOOM SYNCHRONOUS PLUS ASYNCHRONOUS courses meet at a scheduled time via Zoom and have additional asynchronous learning activities. These courses are intentionally scheduled to meet for less than the required hours to reduce time on Zoom (e.g., reducing meeting time from 4 hours to 3 hours and replacing 1 hour with asynchronous learning activities).

LAST DAY TO DROP FOR MA DEGREE COURSES: The deadline to drop a class without receiving a “W” on transcript is 5pm on Monday* of the second week of the quarter (January 13th), with the exception of classes that start in the second week of the quarter. The drop deadline for classes starting in the second week of the quarter is by 5pm on the Monday* of the third week of the quarter (January 20). Drops are effective on the date the Course Add/Drop form is initiated. Courses are considered “Dropped” and removed from student’s transcript if the drop occurs by the deadline (For tuition refund information, see Refund Policy)

*If Monday is a holiday, the deadline is Tuesday.

WINTER 2025 QUARTER SCHEDULE

NOTE: All class times are in Mountain Standard Time (MST).

<p>ADDICTION ASSESSMENT & TREATMENT IN COUNSELING (CN 565-3)</p> <p><i>This is only for students in the CN (Counseling) program.</i></p> <p>Section 1: Richard Pelfrey, MS, LADAC, NCAC Tuesdays, 1/7-3/11, 10am-1pm; Zoom Synchronous plus Asynchronous</p> <p>Section 2: Richard Pelfrey, MS, LADAC, NCAC Tuesdays, 1/7-3/11, 2-5pm; Zoom Synchronous plus Asynchronous</p> <p>Section 3: Alisha Shelbourn, MA, LPAT, LPCC Fridays, 1/10-3/14, 9am-12pm; SWC Campus plus Asynchronous</p>	\$2817/4.5 quarter units
<p>ART THERAPY TECHNIQUES AND MATERIALS (AT/CN 593)</p> <p>Section 1: Pam Rice, MHR, ATR, LPC Mondays, 1/6- 3/10, 8-11am; Zoom Synchronous</p> <p>Section 2: Alisha Shelbourn, MA, LPAT, LPCC Wednesdays, 1/8-3/12, 1-4pm; SWC Campus</p> <p>Section 3: Angela Kehm, MA, ATR-BC, LPC Fridays, 1/10-3/14, 9am-12pm; Zoom Synchronous</p>	\$1878/ 3 quarter units
<p>ART THERAPY/COUNSELING CAPSTONE PRESENTATIONS (AT/CN 637-B)</p> <p><i>For students taking AT/CN Internship 2</i></p> <p>Prerequisite: AT/CN 637-A Capstone Murals; Completion of all classes except electives and corequisites. Corequisite: AT/CN Internship I or II</p> <p>Seren Morris, MDiv, MA, ATR-BC, LPCC Thursday, 1/9, 2:30-4:30pm; Zoom Synchronous Sunday, 2/9 and 3/16, 2:30-4:30 pm; Zoom Synchronous plus Asynchronous</p>	\$313/.5 quarter units
<p>ART THERAPY/COUNSELING CAPSTONE PROCESS (AT/CN 637-A)</p> <p><i>For students taking AT/CN Practicum II</i></p> <p>Section 1: Nancy Lemmon, MA, ATR-BC, LPCC and Alyssa Butler, MA, ATR-BC, LPCC Wednesdays, 1/15, 2/12, 3/12, 5-7pm; Zoom Synchronous plus Asynchronous</p> <p>Section 2: Nancy Lemmon, MA, ATR-BC, LPCC and Alyssa Butler, MA, ATR-BC, LPCC Thursdays, 1/16, 2/13, 3/13, 5-7pm; SWC Campus</p>	\$313/.5 quarter units
<p>ART THERAPY/COUNSELING INTERNSHIP (AT/CN 698-7L.2)</p> <p>Prerequisite: Completion of all coursework.</p> <p>Seren Morris, MDiv, MA, ATR-BC, LPCC 1/6-3/16; Asynchronous</p>	\$2817/4.5 quarter units
<p>CAREER AND LIFE DEVELOPMENT (CN AT 625-2)</p> <p>Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling</p> <p>Section 1: Elizabeth Bryce, MS, CMCS Mondays, 1/6- 3/10, 1-4pm; Zoom Synchronous plus Asynchronous</p> <p>Section 2: Elizabeth Bryce, MS, CMCS Thursdays, 1/9-3/13, 9am-12pm; Zoom Synchronous plus Asynchronous</p> <p>Section 3: Amy Lueck, MA, LMHC Fridays, 1/10-3/14, 1-4pm; SWC Campus plus Asynchronous</p>	\$2817/4.5 quarter units

CONSCIOUSNESS I: CULTIVATING THE HEALING POWER OF PRESENCE (CN AT 530-3)

\$2504/4 quarter units

*Prerequisite: CN AT 574, Psychology of Altruism: Fundamentals of Helping Relationships***Section 1:** Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME

Tuesdays, 1/7-3/11; 9am-12:15pm; Saturday, 1/25, 9am-12:15pm; Friday, 2/28, 8am-12pm; Zoom Synchronous

Section 2: Ann Filemyr, PhD

Tuesdays, 1/7-3/11, 9am-12:15pm; Saturday 1/25, 9am-12:30pm; Saturday, 3/1, 9am-1pm; Zoom Synchronous

Section 3: Katherine Ninos, MA, LPCCTuesdays, 1/7-3/11, 2-5:15pm, **SWC Campus**; Saturday 1/25, 9am-12:30pm, Zoom Synchronous; Saturday, 3/1, 1-5pm, **SWC Campus****Section 4:** Susanne Stockman, PhD, LPCC

Tuesdays, 1/7-3/11, 2-5:15pm; Saturday, 1/25, 9am-12:30pm; Sunday, 3/2, 10am-2pm; Zoom Synchronous

Section 5: Kate Latimer, MA, LPCC

Tuesdays, 1/7-3/11, 2-5:15pm; Saturday, 1/25, 9am-12:30pm; Friday, 2/28, 2-6pm; Zoom Synchronous

Section 6: Marialuisa Diaz de Leon Z., MA, REAT, MSMT, MSME

Wednesdays, 1/8-3/12, 8-11:15am; Saturday, 1/25, 9am-12:30pm; Friday, 2/28, 1-5pm; Zoom Synchronous

Section 7: Kate Latimer, MA, LPCC

Thursdays, 1/9-3/13, 9am-12:15pm; Saturday, 1/25, 9am-12:30pm; Sunday, 3/2, 2-6pm; Zoom Synchronous

Section 8: Awbrey Willet, MA, LPCCThursdays, 1/9-3/13, 2-5:15pm, **SWC Campus**; Saturday, 1/25, 9am-12:30pm, Zoom Synchronous; Sunday, 3/2, 1-5pm, **SWC Campus****Section 9:** Scott Van Note, MA, LMHCThursdays, 1/9-3/13, 2-5:15pm, **SWC Campus**; Saturday, 1/25, 9am-12:30pm, Zoom Synchronous; Saturday, 3/1, 9am-1pm, **SWC Campus****COUNSELING INTERNSHIP II (CN 698-9L.2)**

\$2817/4.5 quarter units

Prerequisite: Completion of all coursework

V Torres McGovern, MA, LPCC

1/6-3/16; Asynchronous

FOUNDATIONS: HISTORY AND THEORIES OF COUNSELING (CN AT 542-4)

\$2817/4.5 quarter units

Section 1: Greg Guerin, MA, LPC-S, LPCC

Tuesdays, 1/7-3/11, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 2: Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP

Thursdays, 1/9-3/13, 8-11am; Zoom Synchronous plus Asynchronous

Section 3: Naja Druva, MS, LPCCThursdays, 1/9-3/13, 9am-12pm; **SWC Campus** plus Asynchronous**FOUNDATIONS OF SCHOOL COUNSELING (SCN 500)**

\$2817/4.5 quarter units

Zahira Miller, PsyD, LPCC

1/6-3/16; Asynchronous

GROUP DYNAMICS (CN AT 543-2)

\$2817/4.5 quarter units

*Prerequisite: CN AT 542-4 Foundations: History and Theories of Counseling***Section 1:** Roxie Ehlert, MA, ATR-BC, LCPCTuesdays, 1/7-3/11, 1-4pm; **SWC Campus** plus Asynchronous**Section 2:** Angela Kehm, MA, ATR-BC, LPC

Thursdays, 1/9-3/13, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 3: Randal Lea, MA, LADAC

Fridays, 1/10-3/14, 9am-12pm; Zoom Synchronous plus Asynchronous

INTEGRATED COUNSELING SKILLS (CN 674)

\$1878/3 quarter units

Section 1: Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Wednesdays, 1/8-3/12, 1-4pm; Zoom Synchronous

Section 2: Carolina Grace Lorenzo, MA, LMHCWednesdays, 1/8-3/12, 1-5pm; **SWC Campus****Section 3:** Patricia "Trish" Meek, MFA, LPC, LAC, NFT

Thursdays, 1/9-3/13, 9am-12pm; Zoom Synchronous

MULTICULTURAL AWARENESS (CN AT 500-3)

\$939/1.5 quarter units

Section 1: Naja Druva, MS, LPCCMondays, 1/6- 3/10; 9-10:30am; *SWC Campus***Section 2:** Carlo Walker, PhD, LPC

Mondays, 1/6- 3/10, 5:30-7pm; Zoom Synchronous

Section 3: Naja Druva, MS, LPCC

Wednesdays, 1/8-3/12, 3-4:30pm; Zoom Synchronous

Section 4: Carlo Walker, PhD, LPC

Wednesdays, 1/8-3/12, 6-7:30pm; Zoom Synchronous

PRACTICUM II & LAB: HELPING RELATIONSHIPS W/GROUPS, COUPLES, & FAMILIES IN ART THERAPY/COUNSELING (AT/CN 657-2)

\$2504/4 quarter units

*This is for students in the Art Therapy/Counseling and Art Therapy for Clinical Professionals Programs only.***Prerequisite:** AT/CN Practicum I and Lab**Section 1:** Alyssa Butler, MA, ATR-BC, LPCC

Class: Mondays, 1/6- 3/10, 1-4pm; Zoom Synchronous

Lab 1: Tuesdays, 1/7-3/11, 9-11am; Zoom Synchronous

Lab 2: Wednesdays, 1/8-3/12, 9-11am; Zoom Synchronous

Section 2: Seren Morris, MDiv, MA, ATR-BC, LPCC

Class: Mondays, 1/6- 3/10, 1-4pm; Zoom Synchronous

Lab 3: Fridays, 1/10-3/14, 10am-12:30pm; Zoom Synchronous

Lab 4: Fridays, 1/10-3/14, 2-3:30pm; Zoom Synchronous

Section 3: Joanne Ramseyer, MA, ATR-BC, LCPC

Class: Mondays, 1/6- 3/10, 4-7pm; Zoom Synchronous

Lab 5: Thursdays, 1/9-3/13, 2-4:30pm; Zoom Synchronous

Lab 6: Fridays, 1/10-3/14, 12-2pm; Zoom Synchronous

Section 4: Seren Morris, MDiv, MA, ATR-BC, LPCCClass: Tuesdays, 1/7-3/11, 12:30-3:30pm; *SWC Campus*Lab 7: Wednesdays, 1/8-3/12, 12:30-2pm; *SWC Campus*Lab 8: Thursdays, 1/9-3/13, 11:45am-1:45pm; *SWC Campus***PRACTICUM II: HELPING RELATIONSHIPS W/GROUPS, COUPLES, & FAMILIES IN COUNSELING (CN 657-4)**

\$2504/4 quarter units

*This is for students in the Counseling Program only.***Prerequisite:** CN 656-4, Practicum I

V Torres McGovern, MA, LPCC

Fridays, 1/10-3/14, 9:30am-12:30pm; Zoom Synchronous

PROFESSIONAL SEMINAR IN ART THERAPY/COUNSELING: PROFESSIONAL ORIENTATION (AT/CN 698-7)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.

Joanne Ramseyer, MA, ATR-BC, LCPC

Fridays, 1/10-3/14, 9-11am; Zoom Synchronous

PROFESSIONAL SEMINAR IN COUNSELING II: ORIENTATION TO THE COUNSELING PROFESSION (CN 698-9)

\$1252/2 quarter units

Prerequisite: Completion of all coursework.**Section 1:** V Torres McGovern, MA, LPCCThursdays, 1/9-3/13, 9-11am; *SWC Campus***Section 2:** V Torres McGovern, MA, LPCC

Thursdays, 1/9-3/13, 12-2pm; Zoom Synchronous

PSYCHOLOGY OF ALTRUISM: FUNDAMENTALS OF HELPING RELATIONSHIPS (CN AT 574)

\$1252/2 quarter units

Christina Esquibel, ED.S.

Wednesdays, 1/8 & 3/12, 9am-12pm, 1/15-3/5, 9-11am, no class 2/12; Zoom Synchronous

PSYCHOPATHOLOGY: DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS (CN AT 581-5)

\$2504/4 quarter units

Section 1: Jennifer Albright Knash, DAT, ATRL-BC, LPAT, LPC/AODA, LPCC, CCTP
Mondays, 1/6- 3/10, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 2: Zahira Miller, PsyD, LPCC
Tuesdays, 1/7-3/11, 9am-12pm; *SWC Campus* plus Asynchronous

Section 3: Amy Johansson, PsyD
Wednesdays, 1/8-3/12, 2-5pm; Zoom Synchronous plus Asynchronous

Section 4: Micaela Wood, MA, ATR-BC, LPCC
Thursdays, 1/9-3/13, 1-4pm; Zoom Synchronous plus Asynchronous

STUDIO ART (AT/CN 594)

\$626/1 quarter units

Section 1: Cheryl Okubo, MA, ATR-BC
Mondays, 1/6, 1/20, 2/3, 2/17, 3/3, 1-3pm; Zoom Synchronous

Section 2: Jessi Cross, MA, LPAT, ATR-BC, LPCC
Mondays, 1/6, 1/20, 2/3, 2/17, 3/3, 6-8pm; *SWC Campus*

Section 3: Pam Rice, MHR, ATR, LPC
Tuesdays, 1/7, 1/21, 2/4, 2/18, 3/4, 9-11am; Zoom Synchronous

THEORIES OF ART THERAPY (AT/CN 545)

\$1878/3 quarter units

Section 1: Alyssa Butler, MA, ATR-BC, LPCC
Mondays, 1/6- 3/10, 4:30-7:30pm; Zoom Synchronous

Section 2: Cheryl Okubo, MA, ATR-BC
Wednesdays, 1/8-3/12, 9am-12pm; *SWC Campus*

Section 3: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Wednesdays, 1/8-3/12, 2:30-5:30pm; Zoom Synchronous

Section 4: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Wednesdays, 1/8-3/12, 6-9pm; Zoom Synchronous

THEORY & PRACTICE OF FAMILY ART THERAPY/COUNSELING (AT/CN 663-2)

\$2504/4 quarter units

Section 1: Micaela Wood, MA, ATR-BC, LPCC
Tuesdays, 1/7-3/11, 10am-1pm; Zoom Synchronous plus Asynchronous

Section 2: Jessi Cross, MA, LPAT, ATR-BC, LPCC
Wednesdays, 1/8-3/12, 9am-12pm, *SWC Campus* plus Asynchronous

Section 3: Micaela Wood, MA, ATR-BC, LPCC
Wednesdays, 1/8-3/12, 12-3pm; Zoom Synchronous plus Asynchronous

Section 4: Sarah Jackson, MA, ATR-BC, CAADC, LPC
Fridays, 1/10-3/14, 1-4pm; Zoom Synchronous plus Asynchronous

THEORY AND PRACTICE OF FAMILY COUNSELING (CN 663-2)

\$2504/4 quarter units

Section 1: Shane Morr, MA, LMFT, CAADC
Mondays, 1/6- 3/10, 9am-12pm; Zoom Synchronous plus Asynchronous

Section 2: Johanna Mitchell, MS, LPC-S
Wednesdays, 1/8-3/12, 8-11am; Zoom Synchronous plus Asynchronous

Section 3: Naja Druva, MS, LPCC
Thursdays, 1/9-3/13, 1-4pm; *SWC Campus* plus Asynchronous

WINTER 2025 NEW EARTH INSTITUTE (NEI) CERTIFICATE PROGRAM COURSES

NEI CERTIFICATE PROGRAM COURSES CAN BE TAKEN:

- By SWC graduate students for elective credit towards a graduate degree program. Please use the registration process via Populi to register for degree credit. See “NEI Course Registration Info” in the Student and Career Services Group in the File called “Electives/NEI Courses—info on how to register for them.”
- By SWC students who have met their elective requirement and wish to attend for Non-Credit (NC) and pay the CE price. Use this link <https://newearth.regfox.com/nei-registration-form> to register for non-credit NEI courses at any time.
- By licensed mental health professionals for CEs approved by the New Mexico Counseling and Therapy Practice Board and NBCC. Use this link <https://newearth.regfox.com/nei-registration-form> to register for CEs.
- **REFUNDS:** 100% refund available for students who withdraw up to 72 hours before the start of a course, minus a \$50 administrative fee. No refunds will be issued less than 72 hours before the start of a course. Please contact the Registrar’s Office collegeregistrar@swc.edu to process your cancellation.

APPLIED INTERPERSONAL NEUROBIOLOGY (AIN) CERTIFICATE

NEUROBIOLOGICAL ROOTS & APPLICATIONS OF EXPERIENTIAL ACTION METHODS (AIN 5300)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 1/11 & 1/12, 9am–5:30pm, with working lunch; SWC Campus

This course will offer participants a resource-based model and a toolbox of experiential action methods. The theoretical lens for this model integrates interpersonal neurobiology, attachment theory, classical psychodrama, social baseline theory and mindfulness practice. Participants will learn and practice skills aimed at developing empathy, spontaneity, social and emotional intelligence and addressing developmental deficits and relational repair. Specific techniques taught will include: use of the ‘felt sense’, tracking somatic cues, strategies for cultivating regulation and co-regulation self/individuals/groups, identifying implicit (unconscious) aspects of memory and experience, externalizing unconscious/implicit dynamics in action, and incorporating play, art and metaphor into action. Discussion will include how to adapt and apply this model in working with a variety of populations and venues. This course is appropriate for people at all levels of experience.



Kate Cook, MA, LPCC, TEP, is the Founder of the Applied Interpersonal Neurobiology Certificate Program and a nationally certified practitioner and trainer in psychodrama, sociometry and group psychotherapy.

Diana Zumas, MA, LPC, LPCC, is the Director of the Applied Interpersonal Neurobiology Certificate Program. Diana has 17 years of psychodrama, sociometry, and group psychotherapy training. She has a psychotherapy private practice in Santa Fe, NM.



TRAUMA, GRIEF, AND RENEWAL (TGR) CERTIFICATE

TRAUMA THEORY, PROCESS, AND INTERVENTIONS (TGR 5400)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 1/11 & 1/12, 9am–6pm; Zoom Synchronous

This course will introduce current trauma theories, PTSD and many prevalent modalities of trauma treatment and traumatic grief. We will explore the neurobiology of trauma and its effects on the brain, the body, the mind, and emotional functioning. Participants will be introduced to many of the tools and interventions and their appropriate applications presently being used in trauma counseling. Intergenerational aspects, traumatic grief and loss, and the trauma of facing one’s own death will also be introduced. The interventions discussed will be framed in the context of a sequential three-stage treatment model. Experiential exercises will assist students in exploring and assessing the effect of trauma in their own lives. Vicarious trauma and therapist self-care will also be explored.



Rev. Ted Wiard, EdD, LPCC, CGC, is the Director of the Trauma, Grief, and Renewal Certificate. Dr. Wiard is the founder and Director of Golden Willow Counseling and Golden Willow Retreat Center. He is also the co-author of *Witnessing Ted: The Journey to Potential through Grief and Loss* as well and continues to write professional articles pertaining to emotional healing. Dr. Wiard also maintains a private practice.

ECOTHERAPY (TE) CERTIFICATE

OUR ECOLOGICAL CRISIS: HEALING THE TRAUMA OF THE EARTH (TE 5800)

\$375/16 CEs/non-credit or
\$1252/2 quarter units/credit

Saturday & Sunday, 1/18 & 1/19, 9am–6:30pm; Zoom Synchronous

The earth is experiencing trauma in the form of our current ecological crisis, which directly impacts the health and wellbeing of humanity. The relationship between the earth’s suffering and our own will be examined as well as how to awaken care and compassion in order to heal the trauma of our disconnection from the earth. We will discuss how healing can occur through activism and

participation in environmental movements locally and globally. Therapeutic processes for reconnecting with the Earth to support clients who may be experiencing eco-grief or eco-anxiety related to ecological trauma.



Rochelle Calvert, PhD, CMT, SEP, is the author of *Healing with Nature: Mindfulness and Somatic Practices to Heal from Trauma*. She has studied and taught mindfulness for the past 19 years and personally knows the transformational potential. Dr. Calvert currently leads courses, workshops, and treats in mindfulness and somatic experiencing in nature. As a licensed clinical psychologist and founder of New Mindful Life, she supports her clients, taking them into nature with the aid of Bertha Grace, a Sprinter van that serves as a mobile therapy office. www.newmindfullife.com

PSYCHEDELIC STUDIES (PS) CERTIFICATE

THE PSYCHEDELIC MOVEMENT: PIONEERS IN THE HISTORY, RESEARCH, AND CURRENT POLICY DEVELOPMENT (PS 5100)

\$375/16 CEs/non-credit or \$1252/2 quarter units/credit

Saturday & Sunday, 2/1 & 2/2, 9am–6pm; Zoom Synchronous

This course explores the complex history of psychedelics, past and current legal status, policy development, and potential uses. A combination of lectures, discussions, readings, and experiential exercises will support students as they explore the various ways in which psychedelic compounds have been used throughout history from ancient Indigenous practices up to current controversies surrounding their therapeutic benefits. Topics covered in this course will include an overview of modern psychedelic research and how it has been influenced by Indigenous usage, the political and cultural opinions about psychedelics in the 1970s, the current legal status of psychedelic compounds across the globe, and legalization/decriminalization. The various potential uses of these substances in therapy for mental health issues and for creativity and personal growth will be discussed. Students will be invited to contribute to current debates as well as discern relevant evidence-based resources in psychedelic studies.



Amy Wong Hope, MA, LCSW, is the Certificate Program Director of the Psychedelic Studies Certificate. Amy is trained as an MDMA-assisted therapist through the (MAPS) Multidisciplinary Association for Psychedelic Studies and co-author of *Small Doses of Awareness: A Microdosing Companion* (due to be published spring 2024). Amy maintains a private practice with a focus on trauma-informed modalities and shame-resilience approaches that support clients in restoring emotional, somatic, and relational resiliency.

HUMAN SEXUALITY (HS) CERTIFICATE

NON-MONOGAMY AND POLYAMORY: ETHICAL THERAPEUTIC PRACTICE WITH DIVERSE RELATIONSHIPS (HS 5600-2)

\$375/16 CEs/non-credit or \$1252/2 quarter units/credit

Saturday & Sunday, 2/8 & 2/9, 9am–6:30pm; Zoom Synchronous

As various forms of ethical non-monogamy (ENM) become more common, it is vital that clinicians learn best practices in working with diverse relationship structures. This class will widen the participant’s knowledge of the many different forms and flavors of ENM, and explore how established psychological theories, such as attachment theory and systems theory, can be applied in work with ENM clients. Through case studies we will explore ethical issues such as special considerations in working with more than two people, such as how to determine who should attend sessions, how to maintain therapeutic alliance with multiple people, and when co-therapy might be a helpful model. Participants will explore their own feelings, biases, and experiences with various relationship structures to be aware of and avoid harmful countertransference.



Laura Rademacher, MA, LMFT, CST, CST-S, is the Director of the Human Sexuality Certificate program. She is an AASECT certified sex and relationship therapist with over 15 years of experience as a sex-positive sexual health educator. She is the author of *The Principles of Pleasure: Working with the Good Stuff as Sex Therapists and Educators.*

ADDICTIONS, ABUSE, AND RECOVERY (AAR) & CHILDRENS MENTAL HEALTH (CMH) CERTIFICATES

ADDICTION AND THE DEVELOPING BRAIN: PREVENTION AND TREATMENT FOR ADOLESCENTS (AAR/CMH 5510)

\$375/16 CEs/non-credit or \$1252/2 quarter units/credit

Saturday & Sunday, 2/22 & 2/23, 9am–6pm; Zoom Synchronous

This course will examine the impact of substance use on the developing brain and explore strategies and techniques for prevention and treatment of substance abuse among adolescents. Neurological mechanisms, epigenetic predispositions, sociocultural messaging, and other risk factors underlying chemical dependence will be explored from a trauma-centered viewpoint. Misconceptions regarding the etiology of substance use disorders, such as heredity of substance use, will be examined in service to prevention, harm reduction, intervention, and treatment planning strategies for counseling adolescents.



Richard Pelfrey, MS, LADAC, NCAC, has been holding space for the resolution and reintegration of trauma and addictions of all forms for the past 12 years. While becoming licensed as an addictions counselor, Richard heard the call to expand his work with people beyond traditional models and began exploring alternative methods for the resolution of trauma. Richard is trained and certified in Trauma Sensitive Yoga, Wim Hoff method, and Brainspotting, meditation leadership and grief counseling, and incorporates all of these modalities as well as a decade of apprenticeship in the Toltec wisdom path and traditional earth-based ceremony in his focused work with individuals and groups for the purpose of healing and finding our highest joy and artistry in life.

NEW EARTH INSTITUTE (NEI) COMMUNITY LECTURES

Free and Open to the Public or \$20 for 2 CEs

Register and/or pay for CEs online at <https://newearth.regfox.com/community-lecture>

Questions: lecture@swc.edu

EMBODIED CLINICAL SUPERVISION: A SOMATIC INTEGRATIVE RELATIONAL DANCE

with Ingrid Lacey, MA, LPC/LPCC, CPCS, BC-DMT, GLCMA

Tuesday, February 4th, 6-8pm; via Zoom

This lecture will explore the somatic integrative relational dance of supervisory relationships. Applying an embodied approach to supervision facilitates a holistic process where the verbal and non-verbal aspects of insight and understanding are comprehended as an integrated whole. Drawing from Dance Movement Therapy, Somatic Experiencing, Polyvagal Theory, and Chi for Two® - The Energetic Dance of Healthy Relationship, attendees will learn body-based strategies to support their supervisees. This somatically informed approach provides multiple pathways to access emergent content during the supervisory session, revealing unconscious biases, and furthering self-reflective practice in therapeutic work.



Ingrid Jennifer Lacey is a licensed professional counselor, board-certified dance movement therapist, certified movement specialist & educator, certified professional clinical supervisor, and a Chi for Two® Embodiment Coach. She completed her MA in Dance/Movement Therapy & Counseling from Columbia College Chicago, after teaching dance to marginalized populations and performing professionally in England and the Republic of Ireland. Ingrid maintains a private psychotherapy practice, and specializes in trauma, anxiety and mood disorders with adults. She enjoys integrating elements of expressive arts, Chi for Two, Dialectical Behavior Therapy and Celtic spirituality with clients, students and clinical supervisees. Ingrid serves as adjunct faculty for alternate route dance therapy courses in Atlanta and Chicago and enjoys being a part of the diverse dance community of Atlanta.