



# SOUTHWESTERN COLLEGE

CONSCIOUSNESS-CENTERED GRADUATE SCHOOL  
FOR COUNSELING AND ART THERAPY

## Summer Schedule 2013

Ph. (505) 471-5756

Toll Free (877) 471-5756 Fax (505) 471-4071

### Welcome to Southwestern College!

We are committed to providing a rigorous, challenging yet individualized academic environment that fosters self-discovery and expanded consciousness. This schedule lists Year One and Year Two classes for degree-seeking students in Counseling and Art Therapy/Counseling.

Year One classes require a background of undergraduate coursework. All Year Two classes require Year One classes as prerequisites. Full course descriptions are in the Southwestern College catalog.

Degree students may choose a Creative Modality/Elective from the Certificate Program course listings.

Southwestern College is dedicated to serving your educational interests with integrity and excellence. Please talk to us if you have any questions, requests or suggestions. We are always ready to assist you.

The College is located at 3960 San Felipe Rd., Santa Fe, NM 87507. [www.swc.edu](http://www.swc.edu)

### REGISTRATION INFORMATION

Year Two Students Tuesday, 5/21 9am

Year One Students Thursday, 5/23 9am

Non-Degree Students Wednesday, 5/29 10am

**Requests for pre-registration are due in writing by Friday, 5/3, by 5pm. Pre-registration will be Wednesday, 5/15. No exceptions will be made to pre-registration deadlines. Registration for Certificate Program classes is ongoing.**

Registration during the first week of classes is considered late registration and carries a \$10 late fee per class. First-time students will be charged a \$50 application fee. A minimum of one-third of the total tuition and fees is due at registration. An additional one-third of the total tuition and fees is due prior to the first day of the quarter. Tuition per quarter unit is \$450.

Certificate Program tuition is due in full at the time of registration and is non-refundable with fewer than 3 days notice prior to the start date of the class, except for Vision Quest, which requires 4 weeks notice to cancel.

## SUMMER SCHEDULE 2013

### Year One Classes

**CN AT 523** \$1,800/4 quarter units

#### ARCHETYPAL PSYCHOLOGY

*Prerequisite: CN AT 522*

Webb Garrison, Ph.D.

Wednesdays, 6/26–8/28, 2–5pm (No class 8/21)

Saturday, 7/13 & Sunday, 7/14, 9am–5pm

**CN AT 543** \$1,800/4 quarter units

#### GROUP DYNAMICS

*Prerequisite: CN AT 542-2*

**Section 1:** Constance Buck, Ph.D., LMSW

Mondays & Wednesdays, 6/24–7/24, 5–9pm

**Section 2:** Antonio Nuñez, Ph.D.

Tuesdays & Thursdays, 7/2–8/1, 9am–1pm

**CN AT 598-2** \$1,800/4 quarter units

#### FOUNDATIONS IN HUMAN SCIENCE RESEARCH

Michael Schwab, Dr.P.H.

**Section 1:** Mondays, 6/24–8/26, 9am–1pm

**Section 2:** Tuesdays, 6/25–8/27, 5–9pm

### Year Two Counseling Degree

**CN 651** \$2,250/5 quarter units

#### ADVANCED COUNSELING II: Group and Relationship Counseling Techniques and Practicum

*Prerequisite: CN 650*

**Location for class and labs: SCC, 1628 St. Michael's Drive**

*(Students who take this course must enroll in a lab.)*

Carol Parker, Ph.D., LPCC

Wednesdays, 6/26–8/28, 10am–12:30pm

Lab #1: Thursdays, 6/27–8/29, 10am–12pm

Lab #2: Thursdays, 6/27–8/29, 1–2:30pm

Lab #3: Fridays, 6/28–8/30, 10am–12pm

**CN 672** \$1,350/3 quarter units

#### APPLIED MODELS OF COUNSELING

*Prerequisite: CN 651 (may be taken concurrently)*

Webb Garrison, Ph.D.

Tuesdays, 6/25–8/13, 2–5pm

Saturday, 8/17, 9am–4:30pm

**CN 698-3** \$900/2 quarter units

#### PROFESSIONAL SEMINAR IN COUNSELING:

##### Professional Orientation

*Prerequisite: Completion of all coursework.*

**Location: SCC, 1628 St. Michael's Drive**

**Section 1:** Erica Westby, M.A., LPCC

Thursdays, 6/27–8/29, 4–6pm

**Section 2:** Students completing their internships out-of-state must register for Section 2.

*Note: Fall Break will be September 9–20, 2013.*

CN 698-3L \$2,700/6 quarter units

### COUNSELING INTERNSHIP

*Prerequisite: Completion of all coursework.*

## Year Two Art Therapy/Counseling Degree

**AT 637** \$450/1 quarter unit

### ART THERAPY CAPSTONE PROCESS

Deborah Schroder, M.S., ATR-BC, LPAT

Deborah John, M.A., ATR-BC, LPAT

Friday, 8/16, 6–9pm & Saturday, 8/17, 9am–5pm

**AT 655** \$2,250/5 quarter units

### ADVANCED COUNSELING II: Group and Relationship Art Therapy and Practicum

*Prerequisite: AT 654*

*(Students who take this course must enroll in a lab.)*

**Location for all labs: SCC, 1628 St. Michael's Drive**

**Section 1:** Deborah Schroder, M.S., ATR-BC, LPAT

Mondays, 7/1–9/2, 2–5pm

Lab #1: Tuesdays, 7/2–9/3, 1:00–3pm

Lab #2: Tuesdays, 7/2–9/3, 3:30–5pm

**Section 2:** Deborah John, Ph.D., ATR-BC, LPAT

Tuesdays, 7/2–9/3, 1–4pm

Lab #3: Wednesdays, 7/3–9/4, 9–11am

Lab #4: Wednesdays, 7/3–9/4, 11:30am–1:30pm

**Section 3:** Megan Sturges, M.A., ATR-BC, LPAT, LPCC, NCC

Thursdays, 6/27–9/5, 10am–1pm (No class 8/22)

Lab #5: Mondays, 7/1–9/2, 1:30–3:30pm

Lab #6: Mondays, 7/1–9/2, 4–6pm

**AT 698-5** \$900/2 quarter units

### PROFESSIONAL SEMINAR IN

### ART THERAPY/COUNSELING: Professional Orientation

*Prerequisite: Completion of all coursework.*

**Section 1:** Michelle Daly, M.S., M.A., ATR, LPCC

Mondays, 7/1–9/2, 6–8pm

**Section 2:** *Students who are completing their internships out-of-state must register for Section 2.*

**AT 698-5L** \$2,700/6 quarter units

### ART THERAPY/COUNSELING INTERNSHIP

*Prerequisite: Completion of all coursework.*

## ABOUT THE NEW EARTH INSTITUTE

### Introducing The NEW EARTH INSTITUTE

We are pleased to announce the New Earth Institute of Southwestern College. For over 30 years, Katherine Ninos has been the director of what has been called SWC's "Community Education Programs" (or CEP). The CEP programs have included professional training certificates, the Transformation and Healing conference, lectures, and other programs and trainings. Why the new name? My view on this is that the energy generated by these initiatives and the scope and diversity of the offerings has outgrown the name "Community Education Programs." A larger energetic container was needed to hold what these programs have become.

When President Jim Nolan asked if I had an idea for a new name, "The New Earth Institute" came to me immediately. I just knew that was the name. It is, of course, a biblical allusion, and shows up most prominently in the Book of Revelation (the Apocalypse). In that book, "a new heaven and a new earth" become the metaphor for a transformed and higher consciousness, available to us when we move beyond the limited world of form, ego, personality and fear. Eckhart Tolle borrowed the phrase, explaining that, for him, the "new heaven" would be an inner experience, and a "new earth" would be the out-picturing in form of that higher consciousness. Out of that comes the tag-line, "Transdimensional Teaching for the World Community."

## Children's Mental Health Certificate

**CMH 5030** \$350/20 CECs or \$900/2 quarter units  
**CREATE A STORY: A TRANSPERSONAL PROCESS WITH CHILDREN**

Claudia Raphael, M.A., LPAT, REAT, RPP, CIMI

Friday, 7/19, 6–9:30pm

Saturday & Sunday, 7/20 & 7/21, 9am–6pm

In this course, participants will employ various transpersonal cross-cultural techniques with the expressive arts to broaden their perspective on the many challenging life experiences facing children today, as well as deepen understanding and awareness of the importance of creating environments that support both the physical and spiritual growth of young children. These ancient techniques are found in all cultural traditions and are based on the Four Universal Healing Principles. This experience provides an opportunity to understand the transpersonal forces that surround and strengthen the young child during the first seven years of life, and opens the "imaginal doorway," creating an entry point for these forces to assist in the transformational process.

*(Counts as 20 contact hours toward the CMH Certificate.)*

*Claudia Raphael, MA, ATR-BC, LPAT, LMT, CIMI, has worked with young children and families for over 30 years. She has developed many transpersonal programs based on indigenous wisdoms. She maintains a private practice for children and families, providing an educational format and a therapeutic setting. Her focus is on the first seven years of life, creating environments that support both the physical and psycho-spiritual development of the child.*



## CERTIFICATE PROGRAM CLASSES SUMMER 2013

### Grief, Loss and Trauma Certificate

**GCH 507-2** \$429/20 CECs or \$900/2 quarter units  
**GRIEF COUNSELING SKILLS**

Janet Schreiber, Ph.D.

Friday, 6/28, 5–9pm

Saturday & Sunday, 6/29 & 6/30, 9:30am–5:30pm

Students apply their counseling skills to issues of grief, loss and trauma. Issues of personal and professional concern for the grief counselor are addressed. Grief is viewed as part of the individual's spiritual process. Participants will learn to help individuals complete the tasks of mourning. Skills relevant to grief counseling are practiced.

*(Counts as 20 contact hours toward the GLT Certificate.)*

**GCH 508-2** \$429/20 CECs or \$900/2 quarter units  
**GRIEF AND TRAUMA COUNSELING**

Janet Schreiber, Ph.D.

Friday, 7/26, 5–9pm

Saturday & Sunday, 7/27 & 7/28, 9:30am–5:30pm

This course focuses on identifying complicated grief and trauma. Participants develop skills to support the healthy grief process in situations involving normal, complicated or traumatic grieving. Spiritual emergency, near-death experiences, the impact of serious illness, devastating grief and other traumatic personal experiences are studied.

*(Counts as 20 contact hours toward the GLT Certificate.)*

**GCH 505** \$429/20 CECs or \$900/2 quarter units  
**THEORIES OF THE GRIEF PROCESS**

Janet Schreiber, Ph.D.

Friday, 8/9, 5–9pm

Saturday & Sunday, 8/10 & 8/11, 9:30am–5:30pm

⇒(Rescheduled from April 5, 6 & 7 class that was cancelled.)

This class describes the grief process from various perspectives and models. The history of the study and treatment of grief and loss is the initial focus. Cross-cultural issues, the role of substance abuse, special populations, AIDs-related grief and the creation of effective support systems are discussed.

*(Counts as 20 contact hours toward the GLT Certificate.)*

**Janet Schreiber, Ph.D.**, is the founder and director of Southwestern College's Grief, Loss and Trauma Certificate Program. She has taught and trained counselors and other health professionals for over 35 years.



### Interpersonal Neurobiology, Somatics and Action Methods (INSAM) Certificate

**IN 5130** \$429/20 CECs or \$900/2 quarter units  
**MINDFULNESS-BASED EMOTIONAL PROCESSING (MBEP): Felt Sense Attention in Emotional Healing**

Robert Weisz, Ph.D.

Friday, 8/2, 6–9pm; Saturday & Sunday, 8/3 & 8/4, 9am–6pm

MBEP is a mindful, body-centered approach to activating intrinsic emotional processing in the brain. The processing is activated and maintained by the client's and the therapist's mindful, Felt Sense Attention upon the client's somatic experience. The client's emotional processing is enabled, focused, and supported through the attuned relational connection between the therapist and the client. MBEP is a practical, useful method for initiating and promoting essential emotional processing. It can easily be incorporated into any therapeutic modality.



**Robert Weisz, Ph.D.**, the developer of Mindfulness-Based Emotional Processing, is a clinical psychologist and director of the Milton Erickson Institute of New Mexico and the Brainspotting and Hypnotherapy Clinic. He is the author of numerous scientific articles, two book chapters, and a series of healing journey CDs. Dr. Weisz has a private practice of psychotherapy, coaching, training, and consultation in Santa Fe. [www.robertweiszphd.com](http://www.robertweiszphd.com)

### Transformational Ecopsychology Certificate

**TE 550-2A** \$900/20 CECs or 2 quarter units  
*(Plus a \$250 fee paid to be paid in cash to the Navajo guide.)*

**WILDERNESS VISION QUEST**

September 7 - 15, 2013

Location: Canyon de Chelly, AZ

Facilitators: Carol Parker, Ph.D., LPCC

and Katherine Ninos, M.A., LPCC

*(Please Note: Once you are registered, tuition for the Vision Quest is non-refundable with less than 4 weeks notice.)*

The ceremony of vision quest has long been practiced in indigenous cultures to assist with major life transitions. It is a deeply transformative experience in which participants spend four days out of ten alone on the land with no food and a minimum of material comforts. The three stages of rite of passage are guided by experienced facilitators.

*(Counts as 60 contact hours toward the T-Eco Certificate.)*



**Carol Parker, Ph.D., LPCC**, is the director of the Transformational Ecopsychology Certificate Program at SWC. She is trained as a vision quest guide with the School of Lost Borders and has studied with indigenous healers from the Amazon and the Andes. Since 1997 she has led groups to sacred sites in the southwestern US, Peru, Hawaii and the Yukon.

**Katherine Ninos, M.A., LPCC**, is vice president and director of Community Education Programs at SWC. She is an experienced clinician, ceremonialist and consciousness teacher.

# COMMUNITY EDUCATION SUMMER 2013

## CEP13-ETHICS

\$120/6 CECs

Ernesto Santistevan, Ph.D.  
Saturday, 6/29, 9am–4:30pm

### HEALTHY HEALER, HEALTHY ETHICS

This workshop will attempt to illustrate how the cause of most ethical and unethical behavior is not a lack of basic knowledge, but is related to the use and misuse of the strengths that bring us into this field. We will address:

- Principles of ethics of the American Counseling Association and the American Psychological Association.
- Personal and professional factors influencing the application of ethical principles, identifying vulnerabilities, and building resilience as the core of an ethical approach.
- Individual factors including therapist fatigue and countertransference.
- Staying healthy, balanced and managing risk.
- The applicability of ethical principles to clinical practice with regard to:
  - Higher risk clients
  - Managing requests for information in different situations
  - Electronic records and communication
  - Social media
  - Specific ethical areas identified by workshop participants



*Dr. Santistevan is currently the director of the CARE Program of the New Mexico Behavioral Health Institute in Las Vegas. This program provides services to adolescents who have a major mental illness and sexually harmful behaviors. He maintains a small private practice offering psychological testing, individual and family therapy.*

## CEP13-SPVSN

\$60/3 CECs

Webb Garrison, Ph.D.  
Thursday, 8/22, 2–5pm

### CREATIVE APPROACHES TO THE SUPERVISORY PROCESS

Accessing and utilizing creative energies and impulses are essential skills in providing both effective psychotherapy and supervision. In this workshop, various creative approaches to supervision will be presented and explored. Additionally, participants will be asked to share creative and innovative approaches that they have used within the supervisory process.



*Webb Garrison, Ph.D., has worked in academic, research, and clinical settings, including community mental health, adolescent group homes, nursing/rehabilitation facilities, and private practice. Throughout his career, he has sought to integrate spiritual, psychological, and educational principles in concrete ways that positively impact local communities.*

**PLEASE NOTE:** These classes satisfy the state licensing board requirement for Ethics and Supervision CECs for counselors, social workers and art therapists.

## Mark Your Calendar for Southwestern College's 32nd Annual Transformation & Healing Conference

### *Creative Approaches to the Healing Arts*

Wednesday – Sunday, August 22 – 25th, 2013

18 exciting experiential workshops to include:

- Attachment, Attunement & Emotional Regulation
- Essentials of Transformational Education
- Transpersonal Interventions for Self-Care
- Music as Medicine
- Interactive and Creative Processes to Heal Trauma
- Healing with Horses
- Fiction Therapy: Creative Writing for Healing and Transformation

### Keynote Presenter

**Judy Weiser, R.Psych, A.T.R.**

Saturday, Aug. 24, 9am-5:30pm:

*Using Photos to Improve Well-being and Reduce Social Exclusion: A Picture is Worth Far More Than a Thousand Words!*

AND Sunday, August 25, 1-4pm:

*Using Photos to Help People with Addictions*

(at the Center for Spiritual Living, 505 Camino de los Marquez, Santa Fe)

