



Southwestern College
 Transforming Consciousness Through Education
 www.swc.edu

Summer Schedule 2009

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 3960 San Felipe Rd., Santa Fe, NM 87507

COMMUNITY EDUCATION CLASSES

SUPERVISION FOR SPIRITUALLY-ORIENTED SETTINGS \$60/3 CECs

Robert Waterman, Ed.D., LPCC
 Friday, 8/7, 6–9pm

In a spiritually-oriented practice, we are consciously referring the transformation of issues to the spiritual resources of the individual, on the one hand, and referring to our own spiritual resources in response to the client's needs. When issues arise in the therapeutic setting that warrant supervision, we explore those two relationships for guidance. This will be an opportunity for participants to explore concerns from this perspective.

ETHICS FOR THE SPIRITUALLY-ORIENTED PRACTICE \$120/6 CECs

Robert Waterman, Ed.D., LPCC
 Saturday, 8/8, 10am–5:30pm

Ethical dilemmas begin when we need our clients to help us feel worthy, effective or important. In the mirror of our client relationship, we see reflected our journey inward to the source of discernment and right action. The experience of burn-out, the need to be right or important, lack of recognition or reward, feeling unappreciated, all may be symptoms of impending ethical dilemmas. We will practice reading the images written in the metaphor of our professional experiences as keys to our journey inward.

SUPERVISION FOR SPIRITUALLY-ORIENTED SETTINGS meets LPC and LPCC licensure requirements for 3 CECs of Supervision.

ETHICS FOR THE SPIRITUALLY-ORIENTED PRACTICE meets licensure requirements for 6 CECs of Ethics. Register for both classes for \$175.



Robert Waterman, Ed.D., LPCC is founder and President Emeritus of Southwestern College. He brings forty years of exploration to the understanding and practice of noetic approaches to personal, social and cultural transformation. He teaches throughout the US and Europe. www.mystery-school.com.

CERTIFICATE PROGRAMS: SUMMER 2009

INTEGRAL SOMATIC PSYCHOLOGY CERTIFICATE PROGRAM

Somatic Psychology is an interdisciplinary field that offers a mind/body approach to therapy by integrating the study of psychology with the innate intelligence of the body. Our program offers an in-depth overview of Somatic Psychology that includes modalities such as breathwork, expressive movement, mindfulness, energy work and trauma recovery. The program consists of ten 20-hour classes for a total of 200 contact hours.

SPT 530D \$360/20 CECs or \$720/2 quarter units EMBODYING SOUL, ENSOULING BODY: THE SOCIAL AND RELATIONAL BODY

Constance Buck, Ph.D., LMSW

Friday, 7/10, 6–9pm

Saturday and Sunday, 7/11 & 7/12, 9am–5pm

This class will focus on awareness of our social and relational body, an experience of inter-subjectivity and contact with others. One's felt-sense of the other is dependent on a felt-sense from within. Engagement and direct awareness of body, emotions, mind and soul/spirit and self-regulation lead to greater embodiment.

An ability for reflective awareness of neuroception throughout the body and an expanded language of emotions build a bridge that creates empathic relationships that all humans are capable of sharing. Students will practice awareness of the present somatic moment, enabling profound experiences of a simple, essential knowing that lead to deep personal meaning and clinical skill. Integration of Psyche and Soma becomes available to counselors and bodyworkers as an essential orientation in working with clients.

(20 contact hours toward the Somatic Psychology Certificate.)



Constance Buck, Ph.D., LMSW is on the counseling faculty at SWC. Her training includes 30 years experience in Massage, Rolfing, Breath Awareness, Anatomy, group psychotherapy and experiential education. She holds a Ph.D. in Clinical Psychology and currently studies Somatic Transformation with Sharon Stanley, Ph.D.

CERTIFICATE PROGRAMS: SUMMER 2009

TRANSFORMATIONAL ECOPSYCHOLOGY: EARTH-BASED PRACTICES CERTIFICATE

Transformational learning, transpersonal and depth psychology, indigenous healing traditions, wilderness rites of passage, vision quest and other earth-based healing modalities together form the wellspring of knowledge and nourishment for the helping professional who wishes to incorporate soul-centered, earth-based practices into the mental health profession. This certificate program offers an opportunity to discover, both intellectually and experientially, what it means to access the soul's connection with nature as a source of healing, wisdom and creativity and to bring this connection into compassionate service.

TE 550A \$695/20 CECs or \$720/2 quarter units
VISION QUEST June 14–21, 2009

Location: San Mateo Mountains of New Mexico
(Please Note: Tuition for the Vision Quest is non-refundable with less than four weeks notice.)

Carol Parker, Ph.D., LPCC

The ceremony of vision quest is a powerful way to be in solitude on the land for the purpose of transformation and healing. Since time immemorial, people have gone out into the wilderness to fast and pray for themselves, their people, and the planet. During this time in the wilderness, we will find that Nature responds to our heart-felt intentions and willingness to sacrifice food and companionship in order to connect more deeply with Spirit.

(60 contact hours toward the

Transformational Ecopsychology (TEco) Certificate.)

Carol Parker, Ph.D., LPCC is the director of the Transformational Ecopsychology Certificate Program at SWC. She is trained as a vision quest guide with the School of Lost Borders. She has studied with indigenous healers from the Amazon and the Andes since 1997 and has led groups to sacred sites in the southwestern US, Peru and India.



Upcoming Class in the Cosmology of the Andean Shaman Program

**THE SOUL'S JOURNEY: FROM HEALING TO
FULFILLMENT** 20 CECs/2 quarter units/Cost TBA

Friday, Nov. 20–Monday, Nov. 23, 2009

Jose Luis Herrera

Andean shamans understand the true nature of the soul as that timeless sense of self which lies outside our stories and our wounding. In this course we will learn ancient Andean methods of healing trauma and soul loss. We also track the journey of the soul from its healed state to its true destiny, and from there acquire the tools and skills of the visionary.

(30 contact hours toward the TEco certificate.)

Jose Luis Herrera was born into the medicine traditions of the Andes and Amazon. For the past twenty years, he has studied with Peru's most respected medicine people. His journey has allowed him to become a genuine bridge between the Western and the Andean cultures and paradigms.



GRIEF, LOSS & TRAUMA CERTIFICATE PROGRAM

This professional certificate program combines experiential, introspective and expressive approaches to understanding issues of death and dying, grief counseling, hospice work and death education. This program is taught in ten 20-hour courses held once a month throughout the academic year. The issues and skill development are woven together throughout the curriculum. This program is recognized by the Association of Death Education and Counseling (ADEC).

GCH 507-2 \$360/20 CECs or \$720/2 quarter units
GRIEF COUNSELING SKILLS

Janet Schreiber, Ph.D.

Friday, 6/26, 5–9pm

Saturday & Sunday, 6/27 & 6/28, 9:30am–5:30pm

Students apply their counseling skills to issues of grief, loss and trauma. Issues of personal and professional concern for the grief counselor are addressed. Grief is viewed as part of the individual's spiritual process. Participants help individuals complete the tasks of mourning. Skills relevant to grief counseling are practiced.

(20 contact hours toward the GLT Certificate.)

GCH 508-2 \$360/20 CECs or \$720/2 quarter units
GRIEF AND TRAUMA COUNSELING

Janet Schreiber, Ph.D.

Friday, 7/24, 5–9pm

Saturday & Sunday, 7/25 & 7/26, 9:30am–5:30pm

This course focuses on identifying complicated grief and trauma. Participants develop skills to support the healthy grief process in situations involving normal, complicated or traumatic grieving. Spiritual emergency, near-death experiences, the impact of serious illness, devastating grief and other traumatic personal experiences are studied.

(20 contact hours toward the GLT Certificate.)



Janet Schreiber, Ph.D., is the founder and director of Southwestern College's Grief, Loss and Trauma Programs. She has taught and trained counselors and other health professionals for over 35 years. She also directs the "Caring Can Be Shared" community outreach program.

CREATIVE MODALITY

Please Note:

Any 2-Unit Certificate Program Class can be used as a Creative Modality/Elective for students enrolled in MA degree programs.